

1990 Region 6A Championship

Teams: Dilworth/Glyndon/Felton 65, Staples-Motley 62, Morris Area 45, West Central 36, Wadena 32, Pelican Rapids 31, Herman/Norcross 28, Perham 27, Rothsay 26, Battle Lake/Underwood 26, Bertha/Hewitt/Underswood 20, Hancock 18, Wheaton 18, Breckenridge 15 ½, Henning 15, Hawley/Ulen/Hitterdal 12, Ashby 12, Barnesville 9, Sauk Centre 6, Parkers Prairie 4, Chokio/Albertsville/Clinton/Graceville 4, Long Prairie 4, Pine River/Backus 4, Frazee 2, Pillager 2, Melrose 1 ½, Browerville 1, Campbell/Tintah/Fairmount 1.

100

- 1 Brian Carlsrud, Rothsay 11.22
- 2 Mike Loge, Morris 11.34
- 3 John Behrens, Wheaton 11.49
- 4 Dan Unzen, CACG 11.54
- 5 Nathan Neuburg, Vern/B/H 11.57
- 6 Charlie Nelson, Perham 11.73

200

- 1 Mike Loge, Morris 22.86
- 2 Brian Carlsrud, Rothsay 23.18
- 3 John Behrens, Wheaton 23.41
- 4 Andy Kennedy, Her/Nor 23.59
- 5 Dan Unzen, CACG 23.66
- 6 Matt Ness, Barnesv 23.79

400

- 1 Ken Kendall, BHV 50.16
- 2 James Taves, Dilworth/G/F 51.03
- 3 Matt Ness, Barnesv 52.30
- 4 Andy Kennedy, Her/Nor 52.50
- 5 Shannon Zentz, Pelican Rpds 52.66
- 6 Mike Benning, Browerv 53.05

800

- 1 Chris Christianson, SM 2:00.95
- 2 David Kohlmeier, BL/U 2:01.93
- 3 Cory Kenyon, Henning 2:03.27
- 4 Greg Turner, Morris 2:03.85
- 5 Scott Yipone, Her/Nor 2:03.98
- 6 David Oien, Pelican Rpds 2:07.19

1600

- 1 David Oien, Pelican Rpds 4:35.42
- 2 Marty Scherr, Wadena 4:37.61
- 3 Tim Miller, Sauk Ctr 4:37.72
- 4 Chris Dew, Dilworth/G/F 4:43.32
- 5 Greg Geerdes, Pelican Rpds 4:47.82
- 6 Micah Grafenstein, Hancock 4:49.78

3200

- 1 Marty Scherr, Wadena 10:04.36
- 2 Chris Dew, Dilworth/G/F 10:07.75
- 3 Micah Grafenstein, Hancock 10:13.59
- 4 Jeff Lindlief, Wadena 10:39.55
- 5 Dan Larson, Frazee 10:41.08
- 6 Jason Anderson, Morris 10:42.59

High Hurdles

- 1 Mike Lutz, West Centr 15.01
- 2 Rory Hoffner, H-U-H 15.78
- 3 Kurt Motschenbacker, Dilworth/G/F 15.79
- 4 Shane Steffes, Dilworth/G/F 16.32
- 5 Damon Fick, Breckenr 16.39
- 6 Matt Johnson, Breckenr 16.97

Intermediate Hurdles

- 1 Wade Bendson, S-M 40.37
- 2 Mike Lutz, West Centr 40.38
- 3 Kurt Motschenbacker, Dilworth/G/F 41.48
- 4 Matt Johnson, Breckenr 42.29
- 5 Shane Steffes, Dilworth/G/F 42.31
- 6 Damon Fick, Breckenr 42.71

4x100 Relay

- 1 Morris 45.19
- 2 Perham 46.10
- 3 Bertha/H/V 46.16
- 4 Hawley/U/H 46.34
- 5 Wadena 46.36
- 6 Breckenridge 46.54

4x400 Relay

- 1 Staples-Motley 3:40.43
- 2 Dilworth/G/F 3:44.78
- 3 Breckenridge 3:45.01
- 4 Battle Lake/U 3:45.07
- 5 Pillager 3:45.77
- 6 Henning 3:46.89

Sprint Medley Relay

- 1 Herman/N 3:43.13
- 2 Henning 3:44.41
- 3 Pelican Rpds 3:45.26
- 4 Wadena 3:48.40
- 5 Barnesville 3:49.33
- 6 Campbell/T/F 3:49.34

Shot Put

- 1 Shane Joos, Hancock 48-1
- 2 Kyle Haugrud, Pelican Rpds 47-4 ½
- 3 Jason Stewart, Battle Lk 47-4
- 4 Eugene Siegle, Long Pr 46-5 ½
- 5 Troy Langly, Ashby 46-5 ½
- 6 Dean Stultz, Dilworth/G/F 45-11

Discus Throw

- 1 Steve Jennison, S-M 142-0
- 2 Chad Worden, Battle Lk/U 134-0
- 3 Mark Claire, Dilworth/G/F 131-2
- 4 Aaron Crandall, Wadena 127-0
- 5 Ryan Beachy, S-M 125-9
- 6 Shane Joos, Hancock 125-9

Long Jump

- 1 Charlie Nelson, Perham 20-8 ½
- 2 Scott Hauper, Herman/N 20-6 ½
- 3 Brian Carlsrud, Rothsay 20-3 ¾
- 4 Kyle Haddix, Pine Rvr/B 20-3 ½
- 5 Mike Loge, Morris 20-3
- 6 Eric Humbert, Melrose 18-10 ¼

Triple Jump

- 1 Mike Lutz, West Centr 44-1
- 2 Kurt Motschenbacker, Dilworth/G/F 42-9
- 3 Charlie Nelson, Perham 41-11
- 4 Jeff Taylor, Parkers Pr 40-8 ½
- 5 Brian Carlsrud, Rothsay 40-5 ¼
- 6 Damon Fick, Breckenr 39-7 ¾

High Jump

- 1 Jamie Olson, Ashby 6-2
- 2 Mike Lutz, West Centr 6-0
- 3 Josh Beal, Wheaton 6-0
- 4 Shane Steffes, Dilworth-G-F 6-0
- 5 Bernie Salthe, S-M 6-0
- 6 Tyler Dahl, Pelican Rpds 5-10

Pole Vault

- 1 Ryan Beachy, S-M 14-0
- 2 Clint Sweeney, S-M 12-0
- 3 Mike Vangstad, Morris 12-0
- 4 Pat Halbe, Morris 11-0
- 5 Joe Hoffman, Perham 11-0
- 6 Sacksay Hougmond Khyone, Pelican R 10-6

* Ties Meet Record

** New Meet Record

Notes: